

# Part II: Safe Zone Advocates



Safe Zone LGBTQ+ 101 laid the foundation of knowledge by providing attendees with basic information about LGBTQ+ culture, whereas the second training (Safe Zone Advocates) is more interactive and experiential.

Safe Zone Advocates training is geared toward helping attendees explore, identify, and expose cultural biases and acquire skills necessary for advocating for marginalized populations. This training is designed to facilitate personal growth and is geared toward people who are looking to learn how to implement being an ally to LGBTQ+ people and are committed to advocating for LGBTQ+ civil rights. This training is an intensive process of self-exploration of how attitudes toward self and others impact how we interact, with the expectation that you will develop a social justice perspective (social justice is the belief that all individuals have a basic human right to dignity, equitable access to resources, and freedom from discrimination and oppression, including micro-aggressions and systemic oppression).

As a litmus test, those who were uncomfortable during Safe Zone LGBTQ+101 or felt overwhelmed by the information, may want to take additional time to explore the resources that were provided in Safe Zone LGBTQ+101, prior to attending Safe Zone Advocates. It is also perfectly respectable for these individuals to opt out, as attending LGBTQ+ 101 provided a wealth of information that contributed to LGBTQ cultural awareness and counts toward the completion of the UCF diversity certificate program.

## Safe Zone Advocates training objectives:

Increase insight into personal and cultural biases

Increase awareness of the impact these biases have on interactions with LGBTQ+ individuals

Increase comfort in addressing systemic oppressions that affect LGBTQ+ individuals

Increase ability to identify microaggressions that impact LGBTQ+ individuals

Increase comfort in discussing power, privilege, and oppression

Acquire skills and knowledge to increase ability to advocate

Increase understanding that being an ally is an ongoing and active process