

The LGBTQ+ 101 training is the first in the series and is designed for all levels of knowledge on LGBTQ+ issues. This training lays a foundation of knowledge by providing attendees with basic information about LGBTQ+ culture. It satisfies an elective requirement for the SDES Diversity Certificate. In this 3-hour training, participants will be presented with general information about individual and societal concerns related to LGBTQ+ identity, including developmental experiences, relationships, civil rights, and stigma. This training serves as an introduction to these issues, which will be further developed in the second training (which is entitled Safe Zone Advocates).

LGBTQ+ 101 training objectives:

- Gain greater understanding of LGBTQ+ culture
- Feel more comfortable talking about LGBTQ+ issues
- Interact more sensitively with LGBTQ+ populations
- Help create a safer environment for LGBTQ+ individuals on campus

# Part I: LGBTQ+ 101

